

Meeting community needs through Fusion Sydney North and Hope Street Woolloomooloo



Select from the list below to pack a shopping bag.

Toiletries

Soap	Razors
Shampoo	Deodorants

Pantry

Long Life (UTH) milk	Baked Beans
Long Life (UTH) custard	Tinned Spaghetti
Tea Bags	Tinned Tuna
Instant Coffee	Instant (2 minute) Noodles
Muesli Bars	Jar Sauces (for Pasta, Curries etc)
Biscuits	Tinned Fruit
Crackers	Sugar
Cereal	Salt
Jams	Pasta
Vegemite/Peanut Butter	Rice
Tinned Soup	Noodles (e.g. Vermicelli)
Christmas Items e.g. Christmas Pudding	

Other

Cleaning products
Under garments – brand new & in original packaging
Washing powder

OK to buy multiples
of a few items

Some Hints

- All food to be within use by or best before date.
- All food must be unopened, sealed.
- All items must not be damaged.
- Home cooked food is not accepted (sorry) including jams, preserves, chutneys, baked goods etc
- Fresh meat items (fish, chicken, lamb, beef etc) are not accepted. Tinned salmon, tuna, etc are ok.

How Does It Work?

1. Grab some shopping bags, take this list and head to the supermarket.
2. Make your purchases.

A suggestion for families

- Talk with the children about why you are doing this shopping and what will happen to it.
- Individual kids might choose the items they would like to buy.
- Head to the supermarket as a family. The children head off to find the items they chose.

3. When coming to church, bring your shopping bag and place it at the front of the church.
4. **Sunday 30th November will be the last day for collection**
5. Your donations will be delivered to either Hope Street, Woolloomooloo or Fusion Sydney North, Hornsby

Do you have a question? Contact: Les Hewatt 0408 738 137 or Warren Cardwell 0419 195 835