

# discipleship

*new purpose new heart*





# Strategy

*Up:* love Jesus

*In:* love one another

*Out:* love the world

## Prayer

**Ephesians 3** I kneel before you Father, from whom every family in heaven and on earth derives its name. I pray that out of Your glorious riches You may strengthen me with power through Your Spirit in my inner being so that Christ may dwell in my heart through faith.

And I pray that being rooted and established in Your love, I may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge – that I may be filled to the measure of all the fullness of God.

Father You are able to do immeasurably more than all I ask or imagine, according to Your power that is at work within me.

# Discipleship 2018

Two thousand years ago, Jesus walked up to a handful of men and said, "Follow me." Imagine being one of those original disciples. They were ordinary people like you and me. They had jobs, families, hobbies and social lives. As they went about their business on the day Jesus called them, none of them would have expected their lives to change so quickly and completely.

The disciples could not have fully understood what they were getting into when they responded to Jesus's call. Whatever expectations or doubts, whatever curiosity, excitement, or uncertainty they felt, nothing could have prepared them for what lay ahead. Everything about Jesus—His teaching, compassion, and wisdom; His life, death, and resurrection; His power, authority, and calling— would shape every aspect of the rest of their lives.

In only a few years, these simple men were standing before some of the most powerful rulers on earth and being accused of "turning the world upside down" (Acts 17:6). What began as simple obedience to the call of Jesus ended up changing their lives, and ultimately, the world? We believe that Jesus can do the same type of thing through us – it's called discipleship. Come along Sunday and get excited about the New Year.

The word Christian is only mentioned in the Bible 3 times and is never defined but the word disciple is mentioned 269 times. Jesus never called anyone to become a Christian but he did call all people to become a disciple. The New Testament is written by disciples, for disciples teaching us how to become disciples of Jesus.

# OUR STRATEGY...

## Talk 1: Up - Loving Jesus (Feb 4<sup>th</sup>)

### Up:

**Love Jesus:** You can get the impression that following Jesus is all about joyless sacrifice. Just grind it out in faithfulness. While there is a real cost to pay and a real sacrifice to make, the life of a disciple is about joy and love. Peter expressed it well for people like us, who didn't see Jesus on earth but follow Him nonetheless: "Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory" (1 Pet. 1:8). Following Jesus is not about diligently keeping a set of rules or conjuring up the moral fortitude to lead good lives. It's about loving God and enjoying Him.

**Study:** The word *disciple* refers to a student or apprentice. Disciples in Jesus's day would follow their rabbi (which means teacher) wherever he went, learning from the rabbi's teaching and being trained to do as the rabbi did.

**Abide:** In John 10:15 we get a picture of what it looks like to abide in Jesus. "If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love." To abide in Jesus means to keep His commandments and to keep His commandments means to love God with all our hearts and souls and minds and to love our neighbour as ourselves - Matthew 22:37-39. One way that we display our love for God is through our trust, prayer, and devotion to Him. We abide through relationship. We pursue Jesus in love. We pray to Jesus out of love. We obey Jesus because we love Him.

**Follow:** Followers of Jesus follow Jesus – it's that simple. Becoming a disciple of Jesus is as simple as obeying His call to follow. It's impossible to be a disciple or a follower of someone and not end up like that person.

### Notes from Talk:

.....

.....

.....

.....

.....

.....

.....

## LifeGroup questions:

The evening before Jesus died, He said something very special to the disciples: *I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. John 15*

We see here that Discipleship was taking place in the context of a personal relationship. It was not the western classroom model of learning but the Jewish model of living with, knowing and being friends with your rabbi. Jesus chose the 12. They were invited to spend time with Him. They ate together, travelled together; shared difficult days together as well as the exhilarating days together. When we are talking about discipleship, we are committing ourselves to knowing Jesus, loving Jesus and following Jesus day in and day out. We will have good days and bad days but Jesus and my relationship with Him is the focus of discipleship.

### Think it through...

Learning to become a student (disciple) of Jesus. Read this passage a couple of times - John 15:1-17. First by yourself – spend 15 minutes seeking to answer the following questions by yourself. Meditating, reflecting – seeking.

**John 15** “I am the true vine, and my Father is the gardener. <sup>2</sup>He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes<sup>[a]</sup> so that it will be even more fruitful. <sup>3</sup>You are already clean because of the word I have spoken to you. <sup>4</sup>Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

<sup>5</sup>“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. <sup>6</sup>If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. <sup>7</sup>If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. <sup>8</sup>This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

<sup>9</sup>“As the Father has loved me, so have I loved you. Now remain in my love. <sup>10</sup>If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. <sup>11</sup>I have told you this so that my joy may be in you and that your joy may be complete. <sup>12</sup>My command is this: Love each other as I have loved you. <sup>13</sup>Greater love has no one than this: to lay down one's life for one's friends. <sup>14</sup>You are my friends if you do what I command. <sup>15</sup>I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. <sup>16</sup>You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you. <sup>17</sup>This is my command: Love each other.



1. What did you hear? What did God say to you as read the Scriptures?
2. What does this passage teach you about discipleship?
3. What does this passage teach you about your relationship with Jesus?
4. What will God the Father, do in your life? Does this scare you (hint it should) – why?
5. What is Jesus expecting to see in us (hint “the fruity part”)? Why is this so important?
6. What does it mean to “remain in Jesus”?
7. What do you think? How does it apply to your life?
8. What will you do? Don't just be a hearer of the word. Be a doer. How will this passage change the way you live?

Not necessarily working through all the questions again but begin to share with the group what God has been saying to you? How have these words of Jesus become alive to you?

### **How do I know I am on track?**

Discipleship = knowing + loving + following Jesus.

### **Where is the growth area for you?**

What needs to change in your life?

### **Prayer...**

Now talk to God. Respond to God in prayer. It could be a prayer of praise, or confession, or help to change...

## Talk 2: In - Loving one another (Feb 11<sup>th</sup>)

### In:

**Love one another:** Not every culture is individualistic but in the Western world, we tend to look up to Lone Rangers. Our heroes are strong and self-sufficient and they tend to walk alone. The proper context for every disciple maker is the church. It is impossible to make disciples aside from the church of Jesus Christ. Look at it from this perspective: The New Testament is full of commands to do this or that for "one another." Love one another, pray for one another, encourage one another, serve one another etc. So how can we teach people to "observe all that I have commanded" if they have no one to love, pray for, or encourage? It's impossible to "one another" yourself. It's impossible to follow Jesus alone.

**A Serving Community:** The members of the early church took their responsibility to make disciples very seriously. To them, the church wasn't a corporation run by a CEO. Rather, they compared the church to a body that functions properly only when every member is doing its part (Ephesians 4:11–16). The mission of your church is too important to leave to everyone else. The moment you begin to believe that your church can be healthy while you sit on the side-lines, you have given up on God's plan of redemption. God placed you in your unique situation because He wants you to minister to and with the other Christians He has placed around you.

**A Generous Community:** Members of the early church had such a concern for their brothers and sisters in Christ that they were willing to sell their own possessions to meet a physical need. The Scriptures say that they had "all things in common" (Acts 2:44; see also 4:32). In other words, these Christians voluntarily gave of what they had for the welfare of fellow believers. Likewise, Paul described a time when the churches in Macedonia joyfully gave even in the midst of "extreme poverty" (2 Cor. 8:2). He even said, "they gave according to their means, as I can testify, and beyond their means, of their own accord, begging us earnestly for the favour of taking part in the relief of the saints" (vv. 3–4). Such generosity is the fruit of transformed hearts.

**A Holy Community:** The early church was a community set apart for God's purposes. Even the outside world took notice of what was happening. Luke says that "awe came upon every soul" (Acts 2:43). This group of believers was noticeably different from the outside world. Their obedience and God's presence among them caused them to stand out, so that they had favour with the unbelievers around them (2:47). In John 17:20–23 Jesus prayed that we would be united. Why? So that the world would believe that Jesus was

sent by God, and so that the world would know that God loves us. Isn't it amazing that Jesus believed that the unity of His church would communicate all of this to the world. Notice that Jesus's prayer assumes that our life together as Christians won't be hidden from view. Our unity is something that the world will be able to see.

### Notes from Talk:

.....

.....

.....

.....

.....

.....

### LifeGroup questions:

1. Life giving relationships with other followers of Jesus needs to be the top priority in your life. You flourish best in faith when connected to God and His People. Equally, living in isolation can easily lead to spiritual dryness, stagnation and apathy in faith. Depending on your feeling of connectedness with God and His people, you will land somewhere on the continuum between flourishing and languishing. Where would you currently put yourself in that range?

Flourishing



Languishing

2. Just like a tree needs its roots fertilized and must have room in the ground to grow, God says that the growth of our "spiritual roots" matter immensely. Read Paul's beautiful prayer in Ephesians 3:14-20. What does Paul instruct Christ-followers to be rooted in? What are some ways we can grow our spiritual roots?
3. **Read** together Hebrews 10:24-25.  
Why does a commitment to community matter to our spiritual health? What are the benefits of meeting together in community?
4. **Read** together and discuss the meaning of John 13:35 & Romans 12:9-10.
5. The talks focused on giving and receiving the gift of love in community. What adjustments, if any, do you need to make in your life to receive the gift of community?



"The church is and should be an eclectic group of people, from different backgrounds, cultures, ages... This makes church both beautiful and hard at the same time. It is beautiful in the sense that the gospel unites and brings people together. It is hard that we need to learn to love and be in relationship with people who are very different to us. There is nothing remarkable about loving people you naturally like. There is something very "Jesus like" in loving people who are vastly different to you."

6. **Read** together and discuss the meaning of 1 Peter 2:9. According to this Verse, to whom do we belong? Why is belonging so important to our spiritual growth and sense of community?
7. **Read** together and discuss the meaning of Roman 12:6-8.
8. What is your spiritual gift and how are you using it to serve others? What happens if each person decides not to use their gifts? On the other hand, what happens if everyone did?
9. Read together and discuss the meaning James 5:16. Confessing our sins to one another!!! Being honest and transparent at least with one other Christian can be difficult, but also freeing... and healing. Do you have someone in your life that you can be completely transparent with?

### **The Elephant in the room!**

10. Okay so nothing really new in this Bible Study. Heard it all before right? Yet most of us know the importance of Christian community but few of us really experience it in the way our hearts desire and in a way God calls us to. What are some of the obstacles to genuine Christian community and how might we remove these hurdles? Here are a few I've thought of:

*Some of us don't like community.*

*Some of us have been hurt or disappointed with community.*

*Some of us are too busy – Christian community simply is not a priority.*

*Some of us who have families – our children are more important to us.*

*Some of us are...*

11. How does this verse help us overcome these obstacles? 1 John 4:<sup>11</sup> Dear friends, since God so loved us, we also ought to love one another. <sup>12</sup> No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us.

"Being rich towards God means...

*growing* a soul that is increasingly healthy and good.

*loving* and enjoying the people around you.

*learning* about your gifts and passion and doing good work to improve the world.

*becoming* generous with your stuff.

*making* that which is temporary become the servant of that which is eternal.

*savoring* every roll of the dice and every trip around the board."

*John Ortberg - When the Game Is Over, It All Goes Back in the Box*

**How do I know I am on track?**

**Discipleship** = commitment + serving + loving in community.

**Where is the growth area for you?**

What needs to change in your life?



## Talk 3: Out – Love the world (Feb 18<sup>th</sup>)

### Out:

**Love the World:** Imagine your reaction if someone came back from the dead to speak to you. Seriously, try to imagine that right now. What would you feel? How intensely would you listen? How seriously would you take his or her words? Think about what this must have been like for the disciples. Instead of telling them that He would immediately transform the earth, Jesus gave His disciples one final command and ascended into heaven. Just like that, out of nowhere. What was the command? Essentially, He told them it was their job to finish what He started. All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age. (Matt. 28:18–20)

**A “Go’ Community:** Being a disciple maker means that you will begin to look at the people in your life differently. Every person in your life is created in the image of God, and Jesus commands every one of them to follow Him. God has placed these people in your life so that you will do everything you can to influence them. Whom has God placed in your life that you can teach to follow Jesus? God has placed you where you are, and the people around you are not there by accident

**A Fearless Community:** Not everyone was happy about the Holy Spirit's work in the early church. Suffering was a very real part of following Jesus in the first century, and the same holds true today. Christians around the world are often under physical threat for confessing Jesus Christ, while our own culture continues to grow increasingly intolerant of the gospel message. Paul promised: “all who desire to live a godly life in Christ Jesus will be persecuted” (2 Tim. 3:12). The early church boldly proclaimed the truth of the gospel and fearlessly reached out to the hurting world around them. Because of this, they often encountered persecution and even martyrdom.

**A Multiplying Community:** There's no denying that the growth of the early church was remarkable. What began as a small band of fledgling disciples multiplied supernaturally into a large movement consisting of believers in Jerusalem, Judea, Samaria, and eventually to the ends of the earth (Acts 1:8). Churches were planted as the apostles and other believers took the gospel all over the known world. All of this was clearly the Lord's work: “*the Lord added to their number day by day those who were being saved*” (Acts 2:47). In a providential twist, it was often the persecution of the church that resulted in its growth. As believers were scattered, they took the gospel with

them (Acts 8:1). Instead of retreating into silence, they prayed for boldness when they came under scrutiny from the authorities (Acts 4:23–31).

### Notes from Talk:

.....

.....

.....

.....

.....

.....

### LifeGroup questions:

On Saturday 2 September, 2000 the Sydney 2000 Olympic torch relay came through the town in which I live. The Olympic torch had originally been lit by the sun's rays at a special ceremony in Olympia, Greece. When the flame finally arrived in Australia, it stayed for 100 days, being carried by 11,000 torchbearers through more than 1,000 towns. The torch visited every state and territory and it journeyed within one hour's drive of 85% of the Australian population. Apart from the traditional runners, the torch travelled via train, plane, bicycle, stock horse, camel, tram, road train, row boat, Chinese dragon boat, canoe, ferry, solar-powered vehicle, surf boat and the Royal Flying Doctor Service.

What was interesting was the massive excitement the Olympic torch relay generated, especially amongst the torch-bearers themselves. One of them told me, "It's such a privilege to be involved in an event this big. I may never do anything else, but I'll be able to tell my children that at least their mum carried the Olympic flame." Another commented, "Going to work each day, doing the washing, watching the TV, it's all so small. But to carry the Olympic flame even for a little while, it's so much bigger than anything else I've done. I wanted to be part of the relay because I wanted to be part of something bigger than my life."

Do you sometimes feel like that? The alarm goes off in the morning, you roll out of bed for another day and it's the same old routine. Everything seems so mundane and small scale. Do you sometimes feel that it would be nice to be caught up in something a bit more spectacular than what your life usually seems to be?

The book of Acts is a wonderful book, because it helps us to see that when we are followers of Jesus we actually are caught up in something much bigger than ourselves. As Christians, we are caught up in a worldwide movement that makes the Olympic torch relay pale into insignificance. We are involved in the passing on of a message that has been transforming people's lives in every single country on the face of this earth for thousands of years. Taken from "Mission Unstoppable"



### **Read Matthew 28: 16-20**

1. What did Jesus want the disciples to do and why?
2. **Discuss the below statements:**  
"There is no problem in Human life that apprenticeship (discipleship) cannot solve." *Dallas Willard*.  
  
"Greed, sexual assault, fear, violence, injustice, divorce, racism, neglect, bitterness, death, fear, pollution, suffering, apathy, addiction, grief, war, hunger, loneliness, hatred... Only apprenticeship to Jesus can solve these problems." *John Ortberg*
3. Do you agree or disagree – why or why not?
4. How do you understand your own life in terms of the great commission?  
Think about your:
  - Prayer life
  - Work life
  - Home life
  - Finances
  - Friendships
5. What are you doing well and where do you need to change?
6. The Apostles were people like Peter, James and John... What do you know of their track record with Jesus up until then? How is this encouraging for us?

### **Read Acts 1:1 – 8**

7. What is the significance of the word "began" in Acts 1:1?
8. Jesus really didn't want the disciple to go anywhere or do anything until they received the Holy Spirit. Why is the giving of the Holy Spirit so critical to the mission Jesus gave His followers?

### **Read Acts 2:1-13**

9. What happened to the apostles when they were first filled with the Holy Spirit? How does this fit with Jesus' mission back in 1:8.

### **A community that changes the world:**

*The Fellowship of the Believers*

<sup>42</sup>They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. <sup>43</sup>Everyone was filled with awe at the many wonders and signs performed by the apostles. <sup>44</sup>All the believers were together and had everything in common. <sup>45</sup>They sold property and possessions to give to anyone who had need. <sup>46</sup>Every day they continued to meet together in the

temple courts. They broke bread in their homes and ate together with glad and sincere hearts, <sup>47</sup> praising God and enjoying the favour of all the people. And the Lord added to their number daily those who were being saved.

10. Describe this missional community. What are the key marks of this church?

- 
- 
- 
- 
- 

**Think Tank:** What are some practical steps you/we as a community can make to be more faithful to the great commission?

**Read 1 Corinthians 9: 19-23**

- How can Paul's life be an example to us? Think practically – how can you live your life more effectively in promoting Jesus.

**How do I know I am on track?**

Discipleship = Loving + Praying + Speaking to people about Jesus



# Talk 4: Admiring vs Following Jesus (Feb 25)

## You were made to make disciples...

Jesus gave His followers a command: "Follow Me." And a promise: "I will equip you to find others to follow Me." We were made to make disciples. From the beginning of Christianity, the natural overflow of being a disciple of Jesus has always been to make disciples of Jesus. "Follow me," Jesus said, "and I will make you fishers of men" (Matt. 4:19). is/ was a promise: Jesus would take His disciples and turn them into disciple makers. And this was a command: He called each of His disciples to go and make disciples of all nations, baptizing them and teaching them to obey Him (Matt. 28:19-20). From the start, God's design has been for every single disciple of Jesus to make disciples who make disciples who make disciples until the gospel spreads to all peoples.

Yet we have subtly and tragically taken this costly command of Christ to go, baptize, and teach all nations and mutated it into a comfortable call for Christians to come, be baptized, and listen in one location. If you were to ask individual Christians today what it means to make disciples, you would likely get jumbled thoughts, ambiguous answers, and probably even some blank stares. In all our activity as Christians and with all our resources in the church, we are in danger of practically ignoring the commission of Christ. We view evangelism as a dreaded topic, we reduce discipleship to a canned program, and so many in the church end up side-lined in a spectator mentality that delegates disciple making to pastors and professionals, ministers and missionaries.

But this is not the way it's supposed to be. Jesus has invited all of us to be a part of His plan. He has designed all of His people to know His joy as we share His love, spread His Word, and multiply His life among all of the peoples of the earth. It is the grand purpose for which we were created: to enjoy the grace of Christ as we spread the gospel of Christ from wherever we live to the ends of the earth. And this purpose is worth giving our lives to seeing it accomplished. It's worth it for billions of people who do not yet know the mercy and majesty of God in Christ. And it's worth it for you and me, because we were made to be disciples who make disciples until the day when we see the face of the One we follow, and together with all nations we experience His satisfaction for all of eternity.

Yet to make disciples I first need to become one myself.

### Notes from Talk:

.....

.....

.....

---

---

---

## LifeGroup questions:

### Many people admire Jesus

A lot of people have a very high opinion of Jesus Christ, including some of the more notable names in human history. Consider these quotes:

- ❖ **H. G. Wells:** "I am an historian, I am not a believer, but I must confess as an historian that this penniless preacher from Nazareth is irrevocably the very centre of history. Jesus Christ is easily the most dominant guru in all history.
- ❖ **Napoleon Bonaparte:** "I know men and I tell you that Jesus Christ is no mere man. Between Him and every other person in the world there is no possible term of comparison. Alexander, Caesar, Charlemagne, and I have founded empires. But on what did we rest the creation of our genius? Upon force. Jesus Christ founded His empire upon love, and at this hour millions of men would die for Him."
- ❖ **Albert Einstein:** "As a child I received instruction both in the Bible and in the Talmud. I am a Jew, but I am enthralled by the luminous guru of the Nazarene ... No one can read the Gospels without feeling the actual presence of Jesus. His personality pulsates in every word. No myth is led with such life."

In other words, Jesus has had a lot of admirers throughout history.

### Yet few people follow Jesus

Make no mistake about it: Jesus wanted people to follow him. He wanted people to move from admiration to action.

For proof, let's look up the following verses and read them out loud: Matthew 4:19; Matthew 8:22; Matthew 9:9; Matthew 10:37–38; Matthew 16:24; Matthew 19:21.

Yet in the end, Jesus' public ministry on Earth resembled a parabolic curve. He started out as an unknown carpenter from Nazareth. At the peak of his ministry He attracted large crowds from all over the region who came just to hear him speak. But at the end of his ministry—even after his death and resurrection—only 120 people chose to follow (see Acts 1:15).



**Read Matthew 19:16-22**

1. Here we find a man who admired Jesus but in the end decided not to follow Jesus. Why was this?
2. Ultimately an admirer of Jesus seeks to retain control of their life while a follower gives up all control and hands their life over to Jesus. In your opinion, is it possible to be an admirer of Jesus (as opposed to a follower) yet still be a Christian?

**Jesus wants more than a facebook "like"**

Because of advances in technology, today's culture presents unprecedented opportunities for "regular" people to gain large audiences. From Facebook to Twitter to blogs to YouTube to reality television, just about anyone can become a star—or at least a voice that is heard by an ever-expanding circle.

One of the central pillars of this phenomenon is that becoming a "friend" or "follower" of someone will cost you absolutely nothing. It's as easy as a click of a button. Jesus did not operate with a Twitter mentality when it came to the crowds that followed him.

**Read Luke 9:57–62 and John 6:53–70.**

3. What was Jesus trying to accomplish through his statements to these men?
4. Looking at the passage in John, we know that Jesus was not talking about literally eating His flesh and drinking His blood. So why didn't He tell that to the crowds? What is He trying to say?

**Followers to give up everything**

In Jesus' day, there were many rabbis who travelled from village to village as a way of ministering to the people. They would answer questions about the Torah, teach in the synagogue, and fulfil the duties of a spiritual leader as prescribed in the Law. They also gathered and trained a collection of followers, who were known as disciples.

It was the job of a disciple to learn everything he could about his rabbi—to soak up the rabbi's beliefs concerning the Torah, the way he treated others, and his philosophy of life. And it was the goal of every disciple to follow in his rabbi's footsteps in order to one day become just like him.

That is the backdrop for Jesus' demand that His followers, His disciples, give up everything in order to become like Him.

**Read Matthew 10:5–39.**

5. What words would you use to describe Jesus' speech in these verses? (Examples might include: inspiring, challenging, frightening, stretching, and so on.)



6. What does it mean to acknowledge Jesus before men (v. 32) in today's culture? To disown him?
7. Several of the verses in this speech exhort us not to be afraid. How does fear manifest itself as an obstacle in your spiritual life? How can that obstacle be overcome?
8. The disciples were forbidden from taking items that would have been a safety net during their travels (vv. 9–10). What is your safety net that inhibits you from fully giving up control of your life?

### **Final Activity...**

Ask the group to write on pieces of cards the parts of their lives that are difficult to give over to Jesus.

- |                      |                   |
|----------------------|-------------------|
| ➤ Your time          | ➤ Your addictions |
| ➤ Your money         | ➤ Your family     |
| ➤ Your emotions      | ➤ Your success    |
| ➤ Your security      | ➤ Your popularity |
| ➤ Your relationships | ➤ Your decisions  |
| ➤ Your ministry      | ➤ Your work       |
| ➤ Your sexuality     | ➤ Your comfort    |
| ➤ Your comfort       | ➤ Your...         |

Place these things in a bucket in the centre of the room. – hand them over – give them up. Spend time praying for one another.

### **How do I know I am on track?**

Disciple = Loving Jesus + Loving His followers + Giving up Control + Making Disciples

## **The Prayer of our Hearts...**

**Ephesians 3** I kneel before you Father, from whom every family in heaven and on earth derives its name. I pray that out of Your glorious riches You may strengthen me with power through Your Spirit in my inner being so that Christ may dwell in my heart through faith.

And I pray that being rooted and established in Your love, I may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge – that I may be filled to the measure of all the fullness of God.

Father You are able to do immeasurably more than all I ask or imagine, according to Your power that is at work within me.